

## “Dance with Goa”

Ana Seara in collaboration with  
Carolina Figueiredo

Composed for the CREA-CULT-2021-COOP Project  
“B-Me - Blending Melodies: Bridging cultural identities”  
Reference: 101055770

*Commissioned by Sistema Cyprus, El Sistema Greece &  
Associação das Orquestras Sinfónicas Juvenis Sistema  
Portugal (AOSJSP)*



Associação das Orquestras Sinfónicas Juvenis,  
Sistema Portugal  
(AOSJSP)

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## PT

A peça “Dance with Goa” foi construída com a colaboração da mezzo-soprano “portuguesa” (portuguesa com ascendência goesa) Carolina Figueiredo. Com ela aprendi as tradições da música goesa e fiquei a conhecer as suas características.

“Dance with Goa” tem uma estrutura de **Mandó – Rapsódia de Duplodam – Mandó de despedida**.

As melodias tradicionais de Goa estão presentes e são a génese de toda a peça.

O primeiro Mandó tem uma melodia de Arnaldo de Menezes (1863-1917) e o último, Mandó do Adeus-*Adeus kortso vellu pauta* é uma melodia de Torquato de Figueiredo (1876-1948), antepassado da Carolina Figueiredo.

**Mandó** é uma canção de dança cujo tema principal é o amor, sendo os secundários narrativas históricas, queixas contra a exploração e injustiça social e resistência política durante a presença portuguesa em Goa.

Mando ou Manddo (Konkani māndō) é uma forma musical que evoluiu durante os séculos XIX e XX entre os católicos goeses. Representa um ponto de encontro de Goa local (Goa fazia parte de Portugal na época) e tradições musicais ocidentais.

A música tem elementos da cultura goesa tradicional e ocidental. Os machos usam casacos formais, enquanto as fêmeas usam roupas ocidentais.

O vestido usado durante a dança do mando era de veludo ou seda, vermelho, azul ou verde, bordado com fios de ouro (raramente com prata). Um xale branco ou azul foi usado. As meias deveriam ser brancas e os chinelos ornamentados.

Tudo isso foi agraciado com um leque, que realçou o humor da senhora com um charme secreto durante a dança. Cantores do Mando (música folclórica concani).

Tudo isso foi agraciado com um leque, que realçou o humor da senhora com um charme secreto durante a dança. Hoje em dia os mandos são destacados com sua dança respectiva de sua música. O plural de mando em concani é mande. O tema principal dos mandos é o amor. O canto encantador melhora o desempenho.

### Dance with Goa



**Dulpod** é uma canção de dança goesa com ritmo rápido e temas da vida quotidiana goesa. O plural de dulpod em concani é dulpodam. O dulpod é uma canção folclórica, anónima, livremente improvisada e às vezes carente de unidade temática. As melodias do dulpod estão geralmente no compasso seis-oito, embora os dois-quatro não sejam incomuns. O dulpod é geralmente cantado em sequência com um mando, e em rapsódia de dulpodam.

## EN

The piece “Dance with Goa” was created in collaboration with the “Portuguesa” mezzo-soprano (Portuguese with Goan ancestry) Carolina Figueiredo. With her I learned the traditions of Goan music and got to know its characteristics.

“Dance with Goa” has a structure of Mandó – Rhapsody of Duplodam – Farewell Mandó.

The traditional melodies of Goa are present and are the genesis of the whole piece.

The first Mandó has a melody by Arnaldo de Menezes (1863-1917) and the last, Farewell Mandó - *Adeus kortso vellu pauta* is a melody by Torquato de Figueiredo (1876-1948), ancestor of Carolina Figueiredo.

**Mando** is a dance song whose major theme is love, the minor ones being historical narratives, grievance against exploitation and social injustice, and political resistance during the Portuguese presence in Goa.

Mando or Manddo (Konkani māndō) is a musical form that evolved during the 19th and 20th centuries among the Goan Catholics. It represents a meeting point of local Goan (Goa was part of Portugal at the time) and western musical traditions.

The music has elements of both Indian and western culture. Traditional musicians of the Goan mando, ready up on their instruments.

The music has elements of both traditional Goan and western culture. The males wear formal coats while females wear Western dress.

### Dance with Goa



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The dress worn during the mando dance was of velvet or silk, red, blue or green in colour, embroidered with gold (rarely with silver) threads. A white or blue shawl was worn. The socks had to be white and the slippers ornamented.

This was all graced with a fan, which enhanced the lady's mood with a secret charm during the dance. Nowadays mandos are highlighted with their dance respective of their song. The plural of mando in Konkani is mande. The major theme of mandos is love. The charming singing enhances the performance.

**Dulpod** is a Goan dance song with quick rhythm and themes from everyday Goan life. The plural of dulpod in Konkani is dulpodam. The dulpod is a folk song, anonymous, freely improvised, and sometimes lacking in thematic unity. The tunes of the dulpod are usually in the six-eight measure, though the two-fourths are not uncommon. The dulpod is usually sung in sequence with a mando, and in dulpodam rhapsody.

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### Instrumentos de Percussão Goidenses / Goan Percussion Instruments



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## PT

O PAIZONAM foi criado para acompanhar as danças. É utilizado em diversas culturas, desde o oriente médio até a Ásia.

Quer esteja a dançar ou a percutir simultaneamente o ritmo num tambor de mão, os sinos de tornozelo podem adicionar um efeito de percussão cativante.

Os sinos de tornozelo são ótimos para acentuar movimentos de dança ou para criar uma camada dinâmica de som.

Eles têm uma grande variedade de estilos com sons distintos, desde sinos de latão com um carrilhão rico até sinos de sementes secas com tons terrosos e orgânicos.

Em Goa, acompanham muitas vezes os mandos tradicionais e outros tipos de música e também são usados nas mãos ou nos pulsos.

O GUMOT é um membranofone de Goa.

É um instrumento de percussão de vaso de barro com ambos os lados abertos; na abertura maior é montado um couro (membrana de tambor) de lagarto monitor.

Geralmente é acompanhado pelo 'samel', outro instrumento tradicional com tambor de madeira e montagem em couro de cabra. Este instrumento ainda é muito popular entre a diáspora concani.

GUMOT faz parte integrante da música folclórica, religiosa e do templo goesa, tanto hindu como cristão. Serve de acompanhamento para as canções folclóricas e para o mando.

Em Goa, acompanham muitas vezes os mandos tradicionais e outros tipos de música e também são usados nas mãos ou nos pulsos.

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## THE PAIZONAM

The PAIZONAM was created to accompany dances. It's used in many cultures, from the mideast to asia.

Whether you're dancing to a hand drum rhythm or playing and dancing simultaneously, ankle bells can add a captivating percussion effect.

Ankles bells are great for accenting dance movements or for creating a dynamic layer of sound

They have a wide variety of styles with distinct sounds, from brass bells with a rich chime to dried seed bells with earthy, organic tones..

The GUMOT is a membranophone instrument from Goa, India.

GUMOT is a percussion instrument of earthen vessel having both sides open; on the bigger opening a leather (drum membrane) of monitor lizard is mounted.

Generally GUMOT is accompanied by 'samel', another traditional instrument with wooden drum and goat leather mount. This instrument is still very popular amongst by the Konkani diaspora

GUMOT forms an integral part of Goan folk, religious and temple music, both Hindu and Christian. It serves as an accompaniment to the folk songs and to the mando music.

In Goa, they accompany many times the traditional mandos and other types of music and they are also used in hands or wrists.

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# Dance with Goa

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# Dance with Goa

## Mando & Dulpodam

Ana Seara

**Mando**  
*Zaitim dukam re varoilim*  
 Moderato M.M.  $\text{♩} = 106$

The musical score consists of ten systems of music, each with a different instrument's name on the left. The instruments are: Flute, Oboe, Clarinet in B♭, Alto Sax, Bassoon, Horn in F 1, Horn in F 2, Trumpet in B♭ 1, Trumpet in B♭ 2, Trombone 1, Trombone 2, Euphonium, Tuba, Pazonans, Snare Drum, Glockenspiel, Gumot, Violin I, Violin II, Viola, Cello, and Double Bass.

**Flute:** The first system shows the Flute part, which consists of mostly rests throughout the piece.

**Oboe:** The second system shows the Oboe part, which begins with a melodic line around measure 10, marked *mp*.

**Clarinet in B♭:** The third system shows the Clarinet in B♭ part, which consists of mostly rests.

**Alto Sax:** The fourth system shows the Alto Sax part, which consists of mostly rests.

**Bassoon:** The fifth system shows the Bassoon part, which consists of mostly rests.

**Horn in F 1:** The sixth system shows the Horn in F 1 part, which consists of mostly rests.

**Horn in F 2:** The seventh system shows the Horn in F 2 part, which consists of mostly rests.

**Trumpet in B♭ 1:** The eighth system shows the Trumpet in B♭ 1 part, which consists of mostly rests.

**Trumpet in B♭ 2:** The ninth system shows the Trumpet in B♭ 2 part, which consists of mostly rests.

**Trombone 1:** The tenth system shows the Trombone 1 part, which consists of mostly rests.

**Trombone 2:** The eleventh system shows the Trombone 2 part, which consists of mostly rests.

**Euphonium:** The twelfth system shows the Euphonium part, which consists of mostly rests.

**Tuba:** The thirteenth system shows the Tuba part, which consists of mostly rests.

**Pazonans:** The fourteenth system shows the Pazonans part, which consists of mostly rests.

**Snare Drum:** The fifteenth system shows the Snare Drum part, which consists of mostly rests.

**Glockenspiel:** The sixteenth system shows the Glockenspiel part, which consists of mostly rests.

**Gumot:** The seventeenth system shows the Gumot part, which consists of mostly rests.

**Violin I:** The eighteenth system shows the Violin I part, which consists of mostly rests.

**Violin II:** The nineteenth system shows the Violin II part, which consists of mostly rests.

**Viola:** The twentieth system shows the Viola part, starting with a rhythmic pattern marked *div.*, *arco p*, followed by a melodic line marked *mp*.

**Cello:** The twenty-first system shows the Cello part, starting with *p* and *pizz.*, followed by a melodic line marked *mp*.

**Double Bass:** The twenty-second system shows the Double Bass part, starting with *p*, followed by a melodic line marked *mp*.

Fl.	-	-	-	-	-	-	-
Ob.	-	-	-	-	-	-	-
B♭ Cl.	-	-	-	-	-	-	-
A. Sx.	-	-	-	-	-	-	-
Bsn.	-	-	-	-	-	-	-
Hn. 1	-	-	-	-	-	-	-
Hn. 2	-	-	-	-	-	-	-
B♭ Tpt. 1	-	-	-	-	-	-	-
B♭ Tpt. 2	-	-	-	-	-	-	-
Tbn. 1	-	-	-	-	-	-	-
Tbn. 2	-	-	-	-	-	-	-
Euph.	-	-	-	-	-	-	-
Tuba	-	-	-	-	-	-	-
Pz	-	-	-	-	-	-	-
S.Dr.	-	-	-	-	-	-	-
Glk.	-	-	-	-	-	-	-
Gumot	-	-	-	-	-	-	-
Vln. I	-	-	-	-	-	-	-
Vln. II	-	-	-	-	-	-	-
Vla.	p	-	-	-	-	-	-
Vc.	p	-	-	-	-	-	-
D.B.	pizz.	-	-	-	-	-	-
		mp	-	-	-	-	-
		mp	-	-	-	-	-
			mp	-	-	-	-
				arc	-	-	-
				mp	-	-	-

**A**

Fl. *mf*

Ob. *mf*

B♭ Cl.

A. Sx. *mp*

Bsn. *mp*

Hn. 1

Hn. 2 *mf*

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1 *mf*

Tbn. 2 *mp*

Euph.

Tuba *mp*

Pz

S.Dr.

Glk.

Gumot *mp*

Vln. I

Vln. II *mf*

Vla.

Vc.

D.B.

19

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

**B**

Fl. *f*

Ob. *f*

B♭ Cl. *f*

A. Sx. *f*

Bsn. *f*

Hn. 1 *mp*

Hn. 2 *mp*

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1 *mf*

Tbn. 2 *mf*

Euph. *f*

Tuba

Pz

S.Dr.

Glk.

Gumot *mf*

Vln. I *f*

Vln. II *f*

Vla. *mf*

Vc. *f*

D.B. *f*

**Dulpodam Medley**  
*Fulola fulancho molo*  
**Moderato M.M.** ♩. = 106

C

6  
31

**C** *Fulola fulancho moto*  
Moderato M.M.  $\text{♩} = 106$

Fl.  
Ob.  
B♭ Cl.  
A. Sx.  
Bsn.

Hn. 1  
Hn. 2  
Tpt. 1  
Tpt. 2  
Tbn. 1  
Tbn. 2  
Euph.  
Tuba

Pz  
S.Dr.  
Glk.  
Gumot

Vln. I  
Vln. II  
Vla.  
Vc.  
D.B.

37

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

*f*

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

*f*

Pz

37

S.Dr.

37

Glk.

*f*

37

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

pizz.

*f* pizz.

*f*

44

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

**D***Cheddava gi cheddava*

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

*f*

Tbn. 2

Euph.

Tuba

*mf*

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

58

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn. *f*

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph. *f*

Tuba

Pz *f*

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc. arco *f* pizz.

D.B. *f*



**F** *Siole dongra sokolu*

72

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

*f*

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

*f*

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

*f*

Vln. I

Vln. II

Vla.

Vc.

D.B.

pizz.

*mf*

79

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

*ff*

*f*

*f*

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

A musical score for orchestra and percussion, page 15. The score is divided into four systems by vertical bar lines. The instruments are grouped into two staves each across the systems.

**System 1:**

- Flute (Fl.)
- Oboe (Ob.)
- Bassoon (Bsn.)
- Bassoon (Bsn.)

**System 2:**

- Horn 1 (Hn. 1)
- Horn 2 (Hn. 2)
- Bass Trombone (Bb Tpt. 1)
- Bass Trombone (Bb Tpt. 2)
- Tuba (Tbn. 1)
- Tuba (Tbn. 2)
- Euphonium (Euph.)
- Tuba (Tuba)

**System 3:**

- Percussion (Pz)
- Snare Drum (S.Dr.)
- Glockenspiel (Glk.)
- Gumot

**System 4:**

- Violin I (Vln. I)
- Violin II (Vln. II)
- Cello (Vcl.)
- Bass (D.B.)

The score includes dynamic markings such as "93" above the first three systems and "93" below the fourth system. Measure numbers are present at the beginning of each system.



H

### *Banauleche monti sokolo*

I Tollem sukolem

**Tollem sukolem**

Fl. Ob. B♭ Cl. A. Sx. Bsn.

Hn. 1 Hn. 2 B♭ Tpt. 1 B♭ Tpt. 2 Tbn. 1 Tbn. 2 Euph. Tuba

Pz S.Dr. Glk. Gumot

Vln. I Vln. II Vla. Vc. D.B.

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

*f*

B♭ Tpt. 2

*f*

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

*f*

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

*pizz.*

*f*

D.B.

**J***Dogi sezarnni*

Fl. Ob. B♭ Cl. A. Sx. Bsn.

Hn. 1 Hn. 2 B♭ Tpt. 1 B♭ Tpt. 2 Tbn. 1 Tbn. 2 Euph. Tuba

Pz S.Dr. Glk. Gumot

Vln. I Vln. II Vla. Vc. D.B.

Fl. 134

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1 134

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz 134

S.Dr. 134

Glk. 134

Gumot 134

Vln. I 134

Vln. II

Vla.

Vc.

D.B.

## Mando

*Adeus kortso vellu pauta***K** Moderato M.M.  $\text{♩} = 96$ 

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

*pizz.*

*p*

*pizz.*

*mp*

*arco*

*p*

Fl. *p* *mp*

Ob. *p* *mp*

B♭ Cl.

A. Sx.

Bsn.

Hn. 1 *mf*

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

*p*

**L**

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1 154

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz 154

S.Dr. 154

Glk. 154

Gumot 154

Vln. I 154 *p* *mf*

Vln. II 154 *p* *mf*

Vla. 154 *p*

Vc.

D.B.

Fl. 160

Ob. 160

B♭ Cl.

A. Sx.

Bsn.

Hn. 1 160

Hn. 2

B♭ Tpt. 1 160

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz 160

S.Dr. 160

Glk. 160

Gumot 160

Vln. I 160

Vln. II 160

Vla. 160

Vc. 160

D.B. 160

M

Fl. 166

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1 166

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I 166

Vln. II

Vla.

Vc.

D.B.

172

Fl.

Ob.

B♭ Cl.

A. Sx.

Bsn.

Hn. 1

Hn. 2

B♭ Tpt. 1

B♭ Tpt. 2

Tbn. 1

Tbn. 2

Euph.

Tuba

Pz

S.Dr.

Glk.

Gumot

Vln. I

Vln. II

Vla.

Vc.

D.B.

*pizz.*

*mf* *pizz.*

*p*

*p*

*rit.*

